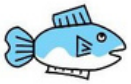
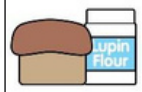
Dishes and their allergen content*

(Note – Please state the name of the cereal(s) containing gluten* and/or the name of the nut(s)†)

Dishes														
	Celery containing gluten*	Cereals	Crustaceans	Eggs	Fish	Lupin	Milk	M ollusc	M ustard	Nuts†	Peanuts	Ses ame seeds	Soya	Sulphur Dioxide
Tuna Salad [example]	✓			✓	✓		✓		✓					
Pulled Pork														
Chicken Tinga														
Chilli Beef									X					
Roasted Veg														
Fresh Salsa														
Slaw													X	X
homemade nachos	X													
Cheese							X							

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Reviewed by: BEN FISHER

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You can find this template, including more information at www.food.gov.uk/allergy-guidance